



April

Caring Times

April Fools- 4/1

Cart Bingo- 4/5

Swival Stix- 4/9

Dennis & Bob- 4/10

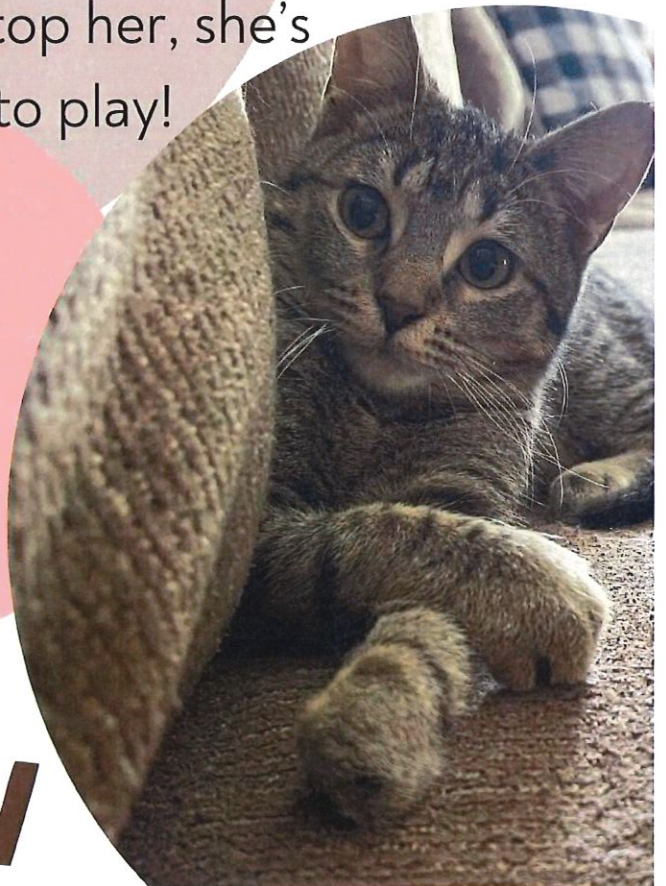
Mr. Kris- 4/16

Earth day- plant a flower- 4/22

Cooks Club- 4/29

Pet of April

Congratulations to our April pet of the Month! Rikki is a one-year-old tabby who loves cuddles and belly rubs! She was found outside and rescued by her new owner, Amber! A fun fact about Rikki is that she has 3.5 legs! she was born with a birth defect so she is missing her front left paw, but that doesn't stop her, she's still spunky and loves to play!



ME  W

Kitchen — 1067

Lab — 1099

Beauty Shop — 3001

Cafeteria — 3002

Conference Room — 1041

In-service — 3308

ACTIVITIES :

Cheylo Linzner — 1046

DIRECTOR OF DINING SERVICES:

Nick Whiteherse— 1064

REGISTERED DIETITIANS:

Keri Fisher — 1065

HOUSEKEEPING/LAUNDRY:

Susan Samson — 1122

ENVIRONMENTAL SERVICES:

Kyle Sajdak — 1130

Maintenance — 1135

HUMAN RESOURCES DIRECTOR:

Kristal Gonzales — 1102

HR/EMPLOYEE BENEFITS:

Angie Banks — 1101

CENTRAL SUPPLY:

Geralyn Sterner — 1108

MEDICAL RECORDS:

Jennifer Schmitt — 1137

(989) 778- 0593

ADMISSIONS COORDINATOR:

Amanda Blasius — 1045

CARE TRANSITIONS NAVIGATOR:

Jessica Vernon

ADMISSIONS CLERK:

Isabell Bond — 1044

Director of Nursing:

Sarah Griffor — 1123

REHAB DIRECTOR:

Deanna Nesbitt — 1140

SOCIAL WORKERS:

Kristy Baldwin, Director 2W— 1052

Julia Madigan 1W — 1053

Jodi DuFort 1E- 1051

MDS COORDINATOR:

Jessica Hugo — 1088

Tabitha Kryszak — 1086

Janine Gulczynski— 1086

1 East (989) 778-0027

1 West (989) 891-6301

2 West (989) 778-0713

ADMINISTRATOR:

Kyle Weidman — 1032

FINANCE DIRECTOR:

Jacqueline McCarthy — 1031

CONTROLLER:

Susan Hackenberg — 1036

RECEPTIONIST/ MARKETING:

Alecia Kruse — 1033

BILLING:

Jamie Gasta — 1038

Jodi Dufort — 1039

PURCHASING:

Jill Lebrun — 1040

AP/ FINANCE ANALYST:

Faith Aviles — 1035

PHYSICIAN:

Tazeen Ahmed — 1116

RESTORATIVE LPN's:

Jennifer Ronk — 1094

Mary Thompson — 1097

INFECTION PREV/ INSERVICE NURSE:

Gunner Phillips — 1061

INFECTION PREV/INSERVICE DIRECTOR:

Michelle Meyer — 1060

DIRECTOR OF QUALITY AND WELLNESS :

Alissa Licht — 1091

PAYROLL:

Renee Panzner — 1037



Keeping Residents Safe – Use of Enhanced Barrier Precautions

A message from: The desk of Infection Prevention

Dear Residents, Families, Friends, and Volunteers:

You may have noticed new signs on some doors that say “Enhanced Barrier Precautions” and staff wearing gowns and gloves more often. We’re doing this based on new recommendations from the Centers for Disease Control and Prevention to protect our residents and staff from germs that can cause serious infections and are hard to treat. You may have heard these germs called multidrug-resistant organisms or MDROs in the news.

Studies have shown that more than 50% of nursing home residents have these germs on or in their body, especially in places where the skin is broken, such as wounds or insertion sites of medical devices like feeding tubes. Most of the time people never know they are carrying these germs but under certain conditions they can enter the body and cause serious infections.

Fortunately, there are many things we can do to keep these germs from spreading, but we need your help! Two important practices are:

1. **Cleaning our hands.** Alcohol-based hand sanitizer can kill these germs and keep us from spreading them with our hands. This is why we remind you and your visitors to frequently clean your hands.
2. **Using gowns and gloves.** Since we can’t wash our clothes between caring for residents, gowns and gloves help keep these germs from getting on our clothes and spreading to others when we are having close contact with residents. This is why you might see us wearing a gown and gloves when we are performing transfers or other activities involving a lot of contact with a resident. Just because we are wearing a gown and gloves doesn’t mean that a resident is carrying one of these germs. We also wear them to protect residents who might be more vulnerable to developing a serious infection if exposed to these germs. We will also wear them if we expect a care activity to be messy, like if we are changing a dressing on a wound.

To support these practices, you will see more alcohol-based hand sanitizer dispensers, carts to hold clean gowns and gloves, and trash cans so we can change gowns and gloves between residents. You will also see more signs to help remind staff when they should be wearing gowns and gloves.

We are always happy to answer any questions you might have about actions we are taking to protect our residents and staff and appreciate your support!

Please contact us with additional questions at: 989-892-3591 ext 3308

Sincerely,

Infection Prevention Department

To learn more about Enhanced Barrier Precautions, please visit Implementation of Personal Protective Equipment (PPE) Use in Nursing Homes to Prevent Spread of Multidrug-resistant Organisms (MDROs) at <https://www.cdc.gov/hai/containment/PPE-Nursing-Homes.html>.

Dietitian's Dish



REDUCE - REUSE - REHEAT

April is Earth Month and Stress Awareness Month. With both themes in mind let us celebrate by reducing food waste and reusing ingredients to save time, save money, and reduce stress!

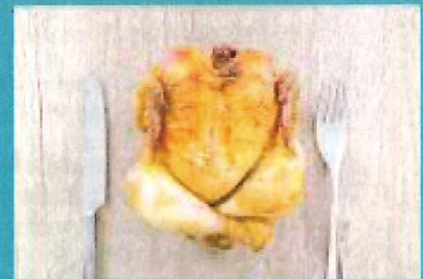
Our lives can be busy and stressful with all the demands on our time. Meal planning and cooking every day can become exhausting as you try to keep all your plates spinning to get things done!

Learning how to cook once and eat multiple times can bring relief to your stressful schedule

and be a time saver at mealtimes.

Leftovers are a great option but if you crave more variety, then diving into the technique of "cooking once, eating twice" might be the solution you have been looking for!

By spending a few extra minutes planning your meals around a few key foods that you can prepare once and transform them into different meals.



COOK ONCE, EAT TWICE

Try making a roast spatchcocked chicken and roasted vegetables for dinner and then removing the extra meat to use as your protein on top of a spinach salad and/or make a quick chicken salad recipe for lunch the following day. As an extra bonus, you can use the bones from the roasted chicken with a few extra ingredients to make chicken stock.

ROASTED CHICKEN RECIPE

Ingredients

- 1 whole chicken
- Salt
- Black pepper

Instructions

- Preheat oven to 450 degrees F
- Cut the backbone out of the chicken using poultry shears.
- Flatten the chicken by placing it breast side up on a cutting board and pressing down on the breastbone.
- Place the chicken on a wire rack over a foil lined baking sheet
- Season the chicken on both sides generously with salt and pepper
- Roast for about 45 minutes or until the internal temperature reaches 165 degrees F on an instant read thermometer
- Let chicken rest at least 5 minutes before carving



TIPS FOR SUCCESS

- Divide out the portion of food to be served for your next meal before you serve the first meal. This will ensure you have enough food for your next meal!
- Use different grains, vegetables and fruits to create different varieties with your meals when you use the same protein.
- Try adding leftover grains, like rice, quinoa, or couscous, to salads and soups to increase your fiber intake.
- Add meat or poultry to soups, stews, or casserole dishes.
- Double recipes to batch cook and freeze extra portions for future meals to save time!
- Refrigerate food promptly to keep it safe. Cooked foods, such as meat, poultry, fish, eggs and dairy, shouldn't be at room temperature longer than two hours.
- Refrigerate the prepared-ahead food in shallow containers so it cools faster in the refrigerator. Loosely cover food to allow heat to escape and protects from contamination during cooling. Cover tightly once cooled.
- Use the extra refrigerated food you cooked within 72-hours. You can also freeze extra food for longer storage time.

EASTER EGG DECORATING!



Saint Patrick's Day



APRIL *Resident*



*Congratulations to Thressa, our April Resident of the Month! Thressa is from the Bay area. She has seven children and many grandchildren. Thressa enjoys making her rounds, around our facility and being a "Social Butterfly". She loves to be involved in all activities. In spare time she likes to read magazines and listen to some of her favorite polkas. Thressa is often found in the front lobby greeting and watching guest as they enter our building. If you see her, be sure to congratulate her!
Thank you for being part of our family at BCMCF Thressa!*

WE CARE FOR OUR RESIDENTS

HAPPY BIRTHDAY

Amy Brandmair- Owens 4/5

Margaret Maluse 4/10

Thomas Earle 4/15

Thressa Katt 4/18

James Smith 4/18

Walter Emans 4/19



IN LOVING MEMORY

Harley Holsinger

Marie Genow



HAPPY EASTER





Employee of the Month

April 2024



★
Amanda Hahn

Congratulations to Amanda Hahn!
Amanda is our employee of the month for April 2024. She has been employed with BCMCF since October 4, 2022 and works as a C.N.A. on 2 West.

Amanda shows compassion and is definitely a key member of our team. She makes significant differences in the lives of our residents every day. We are grateful to have Amanda as part of our nursing home family. Congratulations!

Thank you for all you do, Amanda!



FAMILY AND VISITORS

If you are visiting and are planning to take your loved one out of the facility, even it is for an appointment or outing, please be sure to notify nursing staff on the floor your loved one is on and sign them out.

LOST AND FOUND

Missing eyeglasses, jewelry, hearing aids, etc.? Our front Office takes care of our lost and found items. If you notice something is missing, please report the missing item immediately! We are more successful locating missing items when they are reported promptly.

We have lots of items that were turned into our front office. If you are missing something, stop in and see if it's in our Lost and Found.

RESIDENT ROOMS AND FURNITURE

When bringing in furniture or personal electronic equipment for resident rooms, items must first be checked in by the Maintenance Dept. We are asking that you please bring items in from 8AM to 4PM on Weekdays or 8AM to 3PM on Saturdays. Please ask a staff member for assistance.

GUEST MEAL TRAY

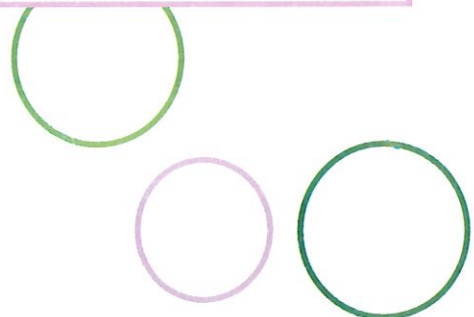
The facility is now offering guest trays to our families/visitors. Please see the front office to purchase a ticket.

Meals are \$7.00 each.

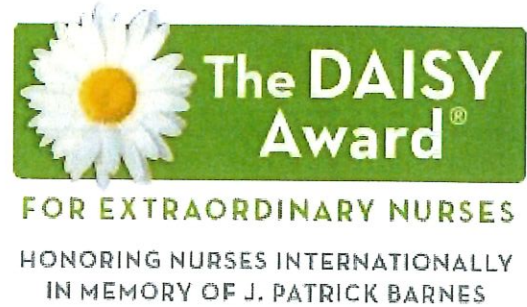
IF YOU PLAN TO BRING SHOES IN FOR YOUR LOVED ONE

- Make sure they have **GOOD SUPPORT**
- Make sure they have **FIRM SOLES**
- Make sure they have **NON-SKID BOTTOMS**
- Make sure that they are a **PROPER FIT**

IF YOU HAVE ANY QUESTIONS REGARDING SHOES FOR YOUR LOVED ONE, PLEASE SEE OUR THERAPY DEPARTMENT.



Want to Say Thank You to Your Nurse?



**Share your story of compassionate
and skillful nursing care**

Scan the QR code from your smart phone camera
or type in the website address to access the online
nomination form

URL for online nomination form here




<https://baycountymcf.com/daisy-foundation>



**BAY COUNTY
MEDICAL
CARE FACILITY**



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
	<p>1 10:30 Spa-2 1:30 Restorative Exercise-2 2:00 Linda Lee-2 3:30 YouTube April Fools Jokes-2</p>	<p>2 10:30 Bake Club-D 1:30 Restorative Exercise-2 2:00 Karaoke-2 3:30 Crafts-2</p>	<p>3 10:30 Coffee & Donuts-2 1:30 Restorative Exercise-2 2:00 Left, Right, Center-2 3:30 Puzzles-2</p>	<p>4 10:30 Nails-D 1:30 Restorative Exercise-2 2:00 Trinity Lutheran-C 2:30 Happy Hour-2 3:30 Bloopers-2</p>	<p>5 10:30 Spelling Bee-2 1:30 Restorative Exercise-2 2:00 Cart Bingo-2 3:30 Movie & Popcorn-D 6:30 Crafts w/ Kendra-2</p>	<p>6 10:30 Activity Packets-W 2:00 Reminiscing-1 3:30 Coloring Mural-1</p>	
<p>7 10:30 Virtual Church-1 2:00 Movie-2 3:30 Beer Tasting-2</p>	<p>8 10:30 Spa-2 1:30 Restorative Exercise-2 2:00 Triva-2 3:30 Yahtzee-2</p>	<p>9 10:30 Bake Club-D 1:30 Restorative Exercise-2 2:00 Swival Stix-2 3:30 Name That Tune-2</p>	<p>10 10:30 Coffee & Donuts-2 1:30 Restorative Exercise-2 2:00 Dennis & Bob -2 3:30 Cards-2 6:30 Puzzles-2</p>	<p>11 10:30 Nails-D 1:30 Restorative Exercise-2 2:00 Trinity Lutheran -C 2:30 Paint & Pour-2</p>	<p>12 10:30 Spring Social-2 1:30 Restorative Exercise-2 2:00 Bingo-2 3:30 Movie & Popcorn-D</p>	<p>13 10:30 Activity Packets-W 2:00 Current Events-1 3:30 Uno-1</p>	
<p>14 10:30 Crafts w/ Kendra-1 2:00 Rev. Zimmerman-C 3:30 Soft Pretzel Pass-W</p>	<p>15 10:30 Spa-2 1:30 Restorative Exercise-2 2:00 Price Is Right-2 3:30 Shuffleboard-2</p>	<p>16 10:30 Bake Club-D 1:30 Restorative Exercise-2 2:00 Mr. Kris-2 3:30 Cornhole-2</p>	<p>17 10:30 Coffee & Donuts-2 1:30 Restorative Exercise-2 2:00 Jeopardy-2 3:30 Board Games-2 6:30 Cards-2</p>	<p>18 10:30 Nails-D 1:30 Restorative Exercise-2 2:00 Trinity Lutheran-C 2:30 Bingo-2</p>	<p>19 10:30 Euchre-2 1:30 Restorative Exercise-2 2:00 Papa Hoot & Patty-2 3:30 Movie & Popcorn-D</p>	<p>20 10:30 Activity Packets-W 2:00 Movie-1 3:30 Coloring Mural-1</p>	
<p>21 10:30 Virtual Church-1 2:00 Ice Cream Pass-W 3:30 Puzzles-1</p>	<p>22 10:30 Spa-2 1:30 Restorative Exercise-2 2:00 High/Low-2 3:30 Bloopers-2 6:30 Plant a Flower-2 Earth Day!</p>	<p>23 10:30 Bake Club-D 1:30 Restorative Exercise-2 2:00 Bingo-2 3:30 Brain Teasers-2</p>	<p>24 10:30 Sunshine String Band-2 1:30 Restorative Exercise-2 2:00 Coffee & Donuts-2 3:30 Board Games-2</p>	<p>25 10:30 Nails-D 1:30 Restorative Exercise-2 2:00 Trinity Lutheran -C 2:30 Mass-C 3:30 Trivia-2</p>	<p>26 10:30 Bingo Store-2 1:30 Restorative Exercise-2 2:00 Bingo Store-2 3:30 Movie & Popcorn-D</p>	<p>27 10:30 Activity Packets-W 2:00 Movie-1 3:30 Left, Right, Center-1</p>	
<p>28 10:30 Virtual Church-1 2:00 Fruit Pass-W 3:30 Coloring Mural-1</p>	<p>29 10:30 Spa-2 1:30 Restorative Exercise-2 2:00 Cooks Club/ Dinning Committee-2 3:30 Bowling-2</p>	<p>30 10:30 Resident Council-1 12:00 Resident Council Lunch 1:30 Restorative Exercise-2 2:00 High/Low-2</p>	<h1>April 2024</h1>			<p>Materials for independent activities are available 24/7 in the dining room.</p>	<p>Activity visits and social contact visits occur daily. Please see Activities if in-room leisure materials are needed.</p>