



Monday 9/14    Tuesday 9/15    Wednesday 9/16    Thursday 9/17    Friday 9/18    Saturday 9/19    Sunday 9/20

|           |                                                                                          |                                                                                      |                                                                                                    |                                                                                              |                                                                                                                  |                                                                                                          |                                                                                                                                                     |
|-----------|------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------|
| Breakfast | Cereal<br>Scrambled Eggs<br>Sausage, Egg, and<br>Cheese Biscuit<br>Sandwich<br>Grapes    | Cereal<br>Scrambled Eggs<br>Denver Scramble<br>Banana Bread                          | Cereal<br>Scrambled Eggs<br>French Toast<br>Breakfast Ham                                          | Cereal<br>Scrambled Eggs<br>Fried Egg<br>Sausage Patty<br>Diced Pears                        | Cereal<br>Scrambled Eggs<br>Cheesy Scrambled<br>Eggs<br>Corned Beef Hash<br><i>National<br/>Cheeseburger Day</i> | Cereal<br>Scrambled Eggs<br>Belgian Waffles<br>Bacon                                                     | Cereal<br>Scrambled Eggs<br>Cheese Omelet<br>Sausage Links<br>Blueberry Muffin                                                                      |
|           | <i>Soup<br/>of the Day</i> Chicken Tortilla Soup                                         | Tomato Bisque                                                                        | 🔥 Beef Chilli                                                                                      | Vegetable Noodle Soup                                                                        | <i>Cheeseburger Chowder</i>                                                                                      | Dill Pickle Soup                                                                                         | Beef Noodle Soup                                                                                                                                    |
|           | Beef Tacos🔥<br>Spanish Rice<br>Refried Beans<br><br>Blondie Bar                          | BBQ Chicken Drumsticks<br>Baked Beans<br>Sliced Carrots<br><br>German Chocolate Cake | Maple Dijon Pork<br>Loin<br>Baked Sweet Potato<br>Half<br>Green Beans<br><br>Lemon Bar             | Salisbury Steak<br>Mashed Red Potatoes<br>Green Peas<br><br>Oatmeal Chocolate<br>Chip Cookie | Popcorn Shrimp<br>Potato Wedges<br>Sauteed Cabbage<br><br>Oreo Chocolate<br>Pudding Parfait                      | Baked Spaghetti Pie<br>(Spaghetti Casserole)<br>Garlic Toast<br>Steamed Corn<br><br>Peanut Butter Cookie | <i>National Butterscotch<br/>Pudding Day</i><br><br>Italian Roasted Turkey<br>Au Gratin Potatoes<br>Baby Carrots<br><br><i>Butterscotch Pudding</i> |
|           | Turkey Pesto Melt<br>Creamy Dill<br>Cucumber Salad<br>Onion Rings<br><br>Mandarin Orange | Philly Cheesesteak<br>Sandwich<br>French Fries<br>Cauliflower<br><br>Spiced Peaches  | Cheese Tortellini<br>Alfredo<br>Breadstick<br>Sautéed Spinach<br><br>Blushing Pineapple<br>Tidbits | Pulled Pork on a Bun<br>Potato Salad<br>Broccoli<br><br>Cinnamon Applesauce                  | Orange Chicken🔥<br>Vegetable Fried Rice<br>Sugar Snap Peas<br><br>Melon Cubes                                    | Pork Fritters<br>Hashbrown w/ Onion<br>Stewed Tomatoes<br><br>Tropical Fruit Salad                       | Baked Salmon<br>Dill Sauce<br>Buttered Noodles<br>Yellow Summer Squash<br><br>Pear Slices                                                           |
| Lunch     |                                                                                          |                                                                                      |                                                                                                    |                                                                                              |                                                                                                                  |                                                                                                          |                                                                                                                                                     |
|           |                                                                                          |                                                                                      |                                                                                                    |                                                                                              |                                                                                                                  |                                                                                                          |                                                                                                                                                     |
| Dinner    |                                                                                          |                                                                                      |                                                                                                    |                                                                                              |                                                                                                                  |                                                                                                          |                                                                                                                                                     |
|           |                                                                                          |                                                                                      |                                                                                                    |                                                                                              |                                                                                                                  |                                                                                                          |                                                                                                                                                     |
| Snack     |                                                                                          |                                                                                      |                                                                                                    |                                                                                              |                                                                                                                  |                                                                                                          |                                                                                                                                                     |
|           | Juice, 1/2 sandwich<br>or Sherbet                                                        | Milk, 1/2 sandwich<br>or Rice Krispie Treat                                          | Milk, 1/2 sandwich<br>or Oatmeal Cream Pie                                                         | Juice, 1/2 sandwich<br>or Applesauce                                                         | Milk, 1/2 sandwich<br>or Peach Cup                                                                               | Juice, 1/2 sandwich<br>or String Cheese                                                                  | Juice, 1/2 sandwich<br>or Granola Bar                                                                                                               |

Week 1

Choice of Beverages Include:

Water, Milk, Juice, Coffee, Tea, Hot Chocolate, Soda