

Bay County Medical Care Facility



Menu for October 5th-11th, 2026

Breakfast

Soup of the Day

Lunch

Dinner

Snack

Monday 10/5

Tuesday 10/6

Wednesday 10/7

Thursday 10/8

Friday 10/9

Saturday 10/10

Sunday 10/11

World Egg Day

National Noodle Day

Cereal
Scrambled Eggs
Cheesy Scrambled Eggs
Sausage Links

Cereal
Scrambled Eggs
Cheese Omelet
Hash Brown Patty
Diced Peaches

Cereal
Scrambled Eggs
Blueberry Topped
Belgin Waffle
Breakfast Ham

Cereal
Scrambled Eggs
Bacon, Egg, and
Cheese on a
Croissant
Grapes

Cereal
Scrambled Eggs
Pancakes
Sausage Patty

Cereal
Scrambled Eggs
Ham Egg and
Cheese Quiche
Cinnamon Roll

Cereal
Scrambled Eggs
Sausage , Egg, and
Cheese Burrito
Bacon

Chicken Noodle Soup

Garden Vegetable
Soup

Beef Orzo Soup

Chicken Florentine Soup

Mushroom Soup

Turkey Tortellini
Soup

🔥 White Chicken Chili

Fried Chicken
Potato Wedges
3 Bean Salad

Gelatin Poke Cake

Kielbasa with
Sauerkraut
Pan Fried Pierogies
Lima Beans

🔥 Beef & Broccoli
Steamed Rice
Vegetable Egg Roll

Pineapple Upside-
Down Cake

Honey Mustard Chicken
Breast
Lemon Rice Pilaf
Green Bean Almondine

Cherry Cheesecake

Beer Battered Cod
Hushpuppies
Coleslaw

Vanilla Pudding
Parfait

Lemon Pepper Chicken
Thighs
Baked Sweet Potato
Halves
Cauliflower

Cinnamon Coffee Cake

Parmesan Pork Cutlet
(Pork Loin Breaded)
Boursin Whipped
Mashed Potatoes
Asparagus

Rice Pudding w/
Raisins

Ham Pizza
Steamed Corn

Fresh Fruit Cup

Spaghetti with
Meatballs
Garlic Breadstick
Oven Roasted
Broccoli

Crispy Chicken
Sandwich
Baked Beans
Sliced Carrots

Pineapple Tidbits

Italian Sausage on a Bun
Sautéed Onion &
Peppers
Potato Wedges
Sautéed Zucchini

Mandarin Oranges

Vegetable Lasagna
Sautéed Spinach
Cheddar Garlic
Biscuit

Tropical Fruit

Sloppy Joe on a Bun
Pasta Salad
Summer Squash &
Red Onion

Scalloped Apples

Tuna Noodle
Casserole
Green Peas
Breadstick

Peach Slices

Blushing Pear Slices

Juice, 1/2 sandwich or
Sherbet

Milk, 1/2 sandwich or
Rice Krispie Treat

Milk, 1/2 sandwich or
Oatmeal Cream Pie

Juice, 1/2 sandwich or
Applesauce

Milk, 1/2 sandwich or
Fig Newton

Juice, 1/2 sandwich or
String Cheese

Juice, 1/2 sandwich or
Granola Bar

Week 4

Choice of Beverages Include:

Water, Milk, Juice, Coffee, Tea, Hot Chocolate, Punch